



# AIR NEWS

**Activity In Retirement (AIR) founded in 1989, registered Charity No. 1001228**

*An organisation established by retired people, for retired people and run by retired people*

Website: [airmacclesfield.com](http://airmacclesfield.com)

<b>Chairman</b>	Paul Waugh	45 Orme Crescent, MACCLESFIELD, SK10 2HU	Tel 424076
<b>Vice Chairwoman</b>	Liz Welton	23 Hightree Drive, Henbury, MACCLESFIELD, SK11 9PD	Tel 428166
<b>General Secretary</b>	Anne Matthews	Hordern Farm Pottery, Buxton New Road, MACCLESFIELD, SK11 0AN	Tel 612269
<b>Treasurer</b>	Judy Nicholson	22 Vine Close, MACCLESFIELD, SK11 8PA	Tel 426796
<b>Membership Sec</b>	David Bowden	307 Buxton Road, MACCLESFIELD, SK11 7ES	Tel 611098
<b>Newletter Editor</b>	Claire Jones	47 Macclesfield Road, PRESTBURY, SK10 4BW	Tel 820355

## Chairman's Letter to AIR Members

I wish to express thanks to the committee and members who attended our AGM on Wednesday 18 January 2023 at the Macclesfield Community Centre (Minutes are included with this newsletter). I would also like to welcome Ian Crewdson and thank him for stepping forward to become an AIR Committee member. He, and his wife Pauline, are relatively new members to AIR and look forward to an active future with us. Additionally, we have been given notice that two of our present trustees wish to resign in 12 months times. The trustees carry out a valuable and necessary role to ensure the Management Committee runs the charity within the rules of the Charity Commission. These positions must be maintained in order to satisfy charity operational requirements.

It was confirmed that the present payment holiday will cease from the first Monday in February and the reinstatement of £1.00 activity charges will apply again. Activity leaders will now arrange for themselves, or their representatives, to deposit these monies routinely into the bank and inform Judy Nicholson (Treasurer) of the deposited amount.

I would again remind members with computer access that all current AIR Documents are available for perusal on our website (<https://airmacclesfield.com>) and that copies of the newsletters have also been added. Raised at the AGM was information regarding the alignment and minor amendments of AIR documentation. If any member has any comments regarding these documents, or the new amendments, please contact myself in writing.

The next coffee morning will be held at the Macclesfield Community Centre on 4 February 2023. During the AGM we proposed that a 'Social History / Memories' group be formed whereby members may record events, family anecdotes and memories so that these can be documented and stored for the future.

Stay safe and look after yourselves,  
Regards,

Paul Waugh – Chairman – February / March 2023

## For Hire

AIR have purchased approximately 150 glass champagne flutes and are now offering these to members for hire. Should this be of interest and you wish to secure more details please contact Paul Waugh 07906 235913

# AIR SOCIAL EVENTS

## DATES FOR YOUR DIARY

Come and join us at our regular Coffee Mornings during the coming year for refreshments and lots of chat with friends, old and new. There will be the opportunity to exchange books any jigsaws and all donations will go to the East Cheshire Hospice.

They are held bimonthly on the first Saturday of the month from 10 am to 12 noon.



Saturday 4 February

Saturday 1 April

Saturday 3 June

Saturday 5 August

Saturday 7 October



There will always be some Committee Members on hand if you wish to discuss anything. **Any enquiries to Anne Mathews at e.annie01@hotmail.com or on 01625 612269.**

## LIFE MEMBERS/NEW MEMBERS

Congratulations are extended to new Life Members: Barbara McGuckian, Anne Mathews, Mary Banks, David Bowden and Marion Grant.

A warm welcome to the following new members:

Jan Atkinson	Julia Hall	Davina Manley	Shaena Smith	Carolyn Wolfenden
Christine Butcher	Joyce Holmes	Bashir Mohammed	Susan Street	
Derek Hall	Clifford Holmes	May Mohammed	Hilary Trueman	

Total AIR Membership is now **586**

# AIR IN ACTION

## AIR RAMBLERS



AIR Ramblers meet every Monday morning for walks of around 5 miles. The practice of meeting at the Riverside car park has been suspended with walk details supplied to members by email. Still no sign of the monthly day walks being reinstated due to lack of a leader.

Whilst the walks are well attended and the state of the group is quite healthy, **we are still looking for a deputy leader to eventually take over the running of the group.**

**If anyone is interested please contact Chris Jones (07821 587440).**

AIR Ramblers take a break by the canal at the Fools Nook on a recent walk.

### Walk Leaders Rota:

06Feb Doreen Dean (01260227207)	06Mar Pat Wroe (01260 223389)	03Apr Chris Jones (820355)
13Feb Mike Cliff (501534)	13Mar Terry Heathcote (574418)	10Apr David Bowden (611098)
20Feb Peter Soloman (420782)	20Mar Alan Chapman (422295)	17Apr Doreen Dean (01260 227207)
27Feb Margie Hill (562179)	27Mar Alistair Croft (261964)	24Apr Mike Cliff (501534)

## AIR IN ACTION

### AIR THURSDAY WALKERS

The Thursday easy walking group enjoying some fresh air and exercise between Christmas and New Year.

If you would like to join us let Anne Mathews have your email address at [e.annie01@hotmail.com](mailto:e.annie01@hotmail.com) or phone on 01625 612269.



### AIR SWIMMING

The AIR Swimming Group meets every Tuesday at the Macclesfield Leisure Centre from 12 noon to 1pm

Please contact Angela Steward 01625 669045 if you would like to join them.

Adding back the calories that we have just burnt off!!!! From the left: Jeff Richards, Jean Sillifant, Angela Steward, Liz Hammond, Diane Tolman.



## Macclesfield Parkrun

Macclesfield parkrun is a free, fun and friendly 5k community event which takes place every Saturday at 9am in South Park (starting near the band stand).

Everyone is welcome - whether you want to run, jog, walk or spectate. You don't have to be fast, just come along and join in, whatever your pace! And you can also volunteer as a marshal, timekeeper or barcode scanner (don't worry; full instructions are given) if you would rather take part that way - in fact, research has shown that our volunteers feel an even greater sense of personal satisfaction than the runners! The event is free.

More information is available at: <https://www.parkrun.org.uk/macclesfield/> or if you have any questions, you can make contact via the Macclesfield Parkrun FaceBook page.

### LINGO WINNERS!



Di Bayley is a long serving member of AIR and the table-tennis group which plays weekly at Henbury and Hurdsfield. Clearly a lady who enjoys a challenge, so when her son Nigel, who lives in Norfolk, suggested they apply to take part in the ITV show, she and Nigel (pictured here) auditioned via Zoom and were accepted. The programme was recorded at Manchester Media City last September and then aired in January (Lingo, series 3, episode 6) when they beat 2 other couples to win £6,600! Well done!

You may know Di from the years she and her husband David ran the Macclesfield Organ Shop in Mill Lane until they retired in 1995. They also ran Children's Christian Camps, were founding members of Tytherington Family Worship Church and ran a Crusader Bible Group for children. She and her husband also raised 4 children while leading a very busy and active life; sadly, David died suddenly in 2007.

**AIR HOLIDAYS with Roy McCarthy Coaches**

**5<sup>th</sup> May – 9<sup>th</sup> May – Llandudno (sorry no singles available)**  
**Hotel – The Tynedale Hotel**  
**4 nights DBB £568 pp      Opt insurance £37.00 pp**

Fri: Grosvenor Garden Centre. Ruthin for lunch. Included tour of Nantclwyd y Dre.  
Sat: At leisure. Coronation of King Charles will be shown in hotel.  
Sun: Beaumaris via Llanfair PG. (Beaumaris Castle not included)  
Mon: Trefriw Woollen Mill in Conway Valley. Conwy.  
Tues:Caernarfon and Porthmadog. Optional extra = Welsh Highland Rlwy £28.  
Rhugg Farm Shop on the way home.

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**20<sup>th</sup> July – 27<sup>th</sup> July – Scotland (sorry no singles available) (strenuous)**  
**Hotels – The Dunkeld, Norseman (Wick), Royal (Ullapool)**  
**7 nights DBB £975 pp      Optional insurance £47.00**

Thur:Travel to the Dunkeld House Hotel  
Fri: Beauty for lunch. Dunrobin Castle via Cromarty Firth. Wick (Norseman Hotel)  
Sat: Ferry to Orkney. Guided day on island. Skara Brae (Neolithic). Scapa Flow.  
Sun: Dunnet Head. Castle of May situated on N coast of Caithness.  
Mon: Thurso. Bettyhill. Durness. Sango Bay. Scourie. Kylesku. Ullapool (Royal H)  
Tues:At leisure in Ullapool. Or optional cruise to Summer Isles. £35.  
Wed:Inverness. Mid afternoon travel to Dunkeld House Hotel.  
Thur:Travel home to Macclesfield.

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**25<sup>th</sup> – 27<sup>th</sup> August – Snowdonia Train Journeys (not much walking)**  
**Hotel – Celtic Royal (Caernarfon)**  
**2 nights DBB £395 pp      Optional insurance £29.00**

Fri: Grosvenor Garden Centre. Then Blaeneau Ffestiniog and narrow gauge rlwy.  
Sat: Llanberis and the Snowdon Mountain Railway. Free time in Llanberis.  
Sun: Welsh Highland Rlwy. Caernarfon to Beddgelert. Early evening arrival home.

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**5<sup>th</sup> – 9<sup>th</sup> October - Plymouth (4 singles available)**  
**Hotel – Duke of Cornwall (Plymouth)**  
**4 nights DBB £525 pp      Single supp. £80      Opt insurance £37.00**

Thur:Clevedon lunch stop. Plymouth  
Fri: Guided tour of Plymouth on foot and coach. Harbour cruise.  
Sat: Free day. Optional visit to Plymouth Gin (£15)  
Sun: Mount Edgcumbe House  
Mon: Gloucester Historic Dock Yard. Home early evening.

*Please return the enclosed application form with a cheque for the deposit of £50 (3 days) or £100 (4 days +) made payable to Roy McCarthy Coaches to Anne Hooley,3 Manley Road, Gawsworth, Macclesfield, SK11 7UU, 0161 483 6940, [annehooley@yahoo.co.uk](mailto:annehooley@yahoo.co.uk).*

# **AIR HOLIDAYS with Roy McCarthy Coaches**

## **APPLICATION FORM**

*Please photocopy this form if you wish to apply for more than one holiday*

Please reserve .....seats for

a) Llandudno	(05.5.23 – 09.5.23)
b) Far N Scotland	(20.7.23 – 27.7.23)
c) Snowdonia Trains	(25.8.23 – 27.8.23)
d) Maritime Plymouth	(05.10.23 – 09.10.23)

Macclesfield pick up points are: Brocklehurst Arms, Majestic Wines on Churchill Way or Thornton Square.....

Accommodation:    Single    .....    Double    .....    Twin    .....

Special requests (noted but not guaranteed):  
*(Please remember to ask for a room on ground floor or near a lift if mobility is limited.)*

Please enter all names and addresses for friends booking and travelling together:

Mr/Mrs/Ms.....	Mr/Mrs/Ms.....
Address.....	.....
.....	.....
Post Code.....	.....

Your Mobile Number(s).....  
 Your Home Number(s).....  
 Your Emergency Contact Number(s) .....

Email address (optional).....

Signed.....

I/we enclose the following:  
*Cheques are to be made payable to Roy McCarthy Coaches and returned to the Organiser:*

Deposit enclosed (3 days or less).....persons at £50.00 =	£.....
(4 days plus).....persons at £100.00 =	£.....
Insurance enclosed..... Persons at £29 or £37 or £47 =	£.....

Total amount of cheque enclosed £.....

**Holiday Insurance is obligatory**

If you do not require McCarthy's insurance you must complete the following:

"I/we have arranged an alternative insurance policy which provides cover comparable with or greater than Roy McCarthy Tours Policy".

My insurers are:  
 My policy number is:

Signed.....

Please return this form and your cheque(s) to the Organiser,  
 Mrs Anne Hooley, 3 Manley Road, Gawsworth, Macclesfield, SK11 7UU (0161 483 6940)

# **ACTIVITY IN RETIREMENT**

*Registered Charity No. 1001228*

## **Minutes of the AGM on Wednesday, 18 January 2023** **at The Macclesfield Community Centre**

### **MANAGEMENT COMMITTEE MEMBERS:**

Paul Waugh (Chairman), Liz Welton (Vice-Chair), Anne Mathews (Secretary), Judy Nicholson (Treasurer), David Bowden (Membership Secretary), Pam Herring (Minutes Secretary), Rita Beattie, Anne Hooley, Sue Titford (Ordinary Members), Marion Grant and Tessa Whiskard (Trustees)

### **1. HEALTH AND SAFETY INFORMATION**

The Chairman welcomed everyone to the meeting and pointed out the fire evacuation procedure to members.

### **2. APOLOGIES FOR ABSENCE**

Lynford Dean, Rosemary Limb, Margaret Goodwin, Martin Goodwin, Carolyn Wolfenden, Charmaine Fenn

### **3. APPROVAL OF MINUTES OF THE LAST AGM - JANUARY 2022**

The Minutes were sent to members with the February 2022 Newsletter. No amendments or matters arising were reported therefore the Chairman proposed their approval, seconded by Anne Mathews. All in favour. The Minutes would be signed later.

### **4. CHAIRMAN'S REMARKS**

The Chairman welcomed and thanked everyone for coming and confirmed we had a quorum, with 50 members attending. He then introduced the members of the Management Committee.

Paul was pleased to report a successful year following the difficult Covid period, but stressed that we still need to maintain Covid-awareness. A Leaders' Meeting was held in July, AIR was represented at the Charities Bazaar in November (which is a shop front for AIR activities), and the Social Committee organised various enjoyable events - a Pie & Peas Lunch in March, a Platinum Jubilee Party in June, 'Coffee & Carols' in December and bi-monthly Social Coffee Mornings throughout the year.

Regarding AIR activities, there have been some changes: Rita Beattie has started a very popular Dominoes group, Pat Finch is now leading the Painting group at its new venue, Broken Cross Methodist Church, Indoor Bowls is now just held at All Saints Church on Wednesdays and Fridays, both the Calligraphy group and Strollers walking group have ceased and the Craft group could do with more members. Paul reminded everybody that all AIR leaders are volunteers and that any proposals for new activities would be welcomed, especially with offers of leadership.

Members were also reminded about the AIR website (<https://airmacclesfield.com>) where the AIR weekly programme and contact details can be found as well as all the AIR policy documents, which have recently been amended so that they are aligned. Members are invited to look at these and any comments/suggestions should be forwarded in writing to Paul Waugh.

Finally Paul mentioned that two of our Trustees will be resigning in a year's time so replacements will be needed to fulfil this role - that is, to act as a safeguard to ensure that the Charity Commission's requirements are adhered to by the Management Committee. Volunteers welcomed.

### **5. GENERAL SECRETARY'S REPORT**

Anne thanked everyone involved in the running of AIR. A particular shining example is Rita Beattie, who, soon after joining, enthusiastically got involved in the Kurling and other groups, has joined the Management and Social Committees and has recently started up a Dominoes group.

Anne also mentioned that many of the Activity groups needed deputy leaders to spread the load and cover for holidays, and encouraged members to offer their services.

We are shortly to have a new AIR notice board in the foyer of the Macclesfield Community Centre, where general information about AIR will be posted, as well as notice of forthcoming events etc and Anne encouraged members to keep an eye on this. Social Coffee Mornings will be held every two months on first Saturdays, starting 4 February. These are free of charge (donations to the East Cheshire Hospice and AIR), with books and jigsaw stalls etc.

## **6. TREASURER'S REPORT**

Firstly Judy apologised that the annual accounts are not yet available as they are awaiting verification by AJ Accountancy Services. However, to summarise, income this financial year was approximately £17,000 which comprised subscriptions, Activities income (October 2021 to January 2022 inclusive), gift aid and several donations. Expenditure totalled circa £18,500 - the vast majority of which was on rents for the venues we use. The deficit for the year was therefore £1,433.

As was intended, the Activities payment holiday which started in February 2022 has resulted in a decrease in our cash funds to £36,715 including a contingency fund of £10,018 held in an investment account. The Management Committee has now decided to reinstate the £1 Activity payments starting from Monday, 6 February 2023.

Each Activity group will be required to bank the monies collected at least monthly, at either Natwest Bank or any Post Office (cheques only) - paying-in books will be provided. Alternatively by online banking, or by passing monies direct to Judy Nicholson or any other Committee member for banking. Judy will also need to be informed by email or phone of deposits made. Receipts should be provided for any expenses claimed. It is up to each Activity group to sort out their own system, but it is stressed that any issues should be made known to Judy and/or Paul without delay so that they can be sorted out.

## **7. MEMBERSHIP SECRETARY'S REPORT**

David reported that our total membership is now 586, an increase of 5% on last year. There were 124 new members during the year, and as in previous years, we also lost almost as many for a multitude of reasons.

The administration process for membership applications and subscription renewals is now less onerous as these are increasingly online via the AIR website rather than by post. We now also take online banking subscriptions which is easier than handling cheques and cash.

The AIR website is increasingly used by people seeking information about AIR and it also now includes copies of the Newsletter and policy documents. However information keeps changing and a volunteer is needed to constantly monitor and update it. Thanks are due to Marilyn Balderstone for keeping the Events list on the website up-to-date.

David also thanked Claire Jones our Newsletter Editor and Mike and Sue Cliffe who collate over 200 printed copies of each issue of the Newsletter prior to printing and posting to members. It was noted that to save on postage costs, the Committee will be examining the possibility of members being able to collect their copy, possibly at the bi-monthly coffee mornings.

Finally, David appealed for a volunteer to help and deputise for him when he is on holiday or otherwise not available.

## **8. TRUSTEES' REPORT**

The Trustees' Report is currently issued and awaiting Committee approval prior to being sent to the Charities Commission along with the annual accounts.

## **9. ELECTION OF OFFICERS**

Paul Waugh (Chairman) and Liz Welton (Vice Chair) had both completed their 3 year terms in office and were willing to stand again for a further 3 years. Anne Mathews (Secretary) had completed 6 years in office and was willing to stand again for a further year. Therefore the Committee was re-elected en bloc. All in favour.

In addition, Ian Crewdson was newly elected as an Ordinary member, proposed by Paul Waugh, seconded by Anne Mathews. All in favour.

## **10. ANY OTHER BUSINESS**

A Memories and Social History group was suggested by Mary Banks some time ago. It was felt that this would be a good AIR activity which could be incorporated into the Saturday bi-monthly coffee mornings. A volunteer leader would be needed.

Paul was very pleased to present Life Membership to the following well-deserving members: Barbara McGuckian, Anne Mathews, Mary Banks, David Bowden and Marion Grant.

## **11. DATE OF NEXT AGM: January 2023**

Paul closed the meeting and thanked the Social Committee for providing refreshments.