



AIR NEWS

Activity In Retirement (AIR) founded in 1989, registered Charity No. 1001228

An organisation established by retired people, for retired people and run by retired people

Website: airmacclesfield.com

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Vice Chairwoman	Liz Welton, 23 Hightree Drive, Henbury, MACCLESFIELD, SK11 9PD	Tel 428166
General Secretary	Anne Mathews, Hordern Farm Pottery, Buxton New Road, MACCLESFIELD, SK11 0AN	Tel 07958 800914
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Newsletter Editor	Claire Jones, 47 Macclesfield Road, PRESTBURY, SK10 4BW	Tel 07703 162823

*** Annual Subscriptions - to be renewed during September please ***

Chairman's Letter to AIR Members

Our next coffee morning will be held at the Macclesfield Community Centre on 2nd August 2025 commencing at 10:00am. These free bi-monthly events are friendly and sociable, proving very popular and donations collected are given to East Cheshire Hospice. A recent letter of thanks from ECH has advised that AIR donated £129.90 from the last coffee morning – Well done everybody!

Our annual Leaders Meeting was held on Wednesday 23rd July 2025 at the Macclesfield Community Centre. My thanks go to those that attended and the minutes of the meeting are attached to this newsletter. We are also considering asking those leaders that cannot attend to provide a short report beforehand, so this can be read out and then we can all have a better understanding of all the AIR activities. For some time now the Management Committee have been discussing the topic of renewing membership cards annually and this was raised at the meeting. After careful consideration at the Management Committee and in common with other similar organisations, it was decided to dispense with the practice of renewing membership cards every year. This will be a cost saving and remove the annual administrative burden. Instead, annual subscription renewals will be carefully monitored and of course recorded, and these will be checked regularly with activity records to ensure that those attending have a current subscription. There was general agreement with the Activity Leaders.

Since some of our more traditional activities seem to be losing regular numbers, we are always open to discuss any new activities that members may wish to undertake. Initially this may involve getting a group of like minded people together at a convenient venue. If this then needs financial support we can provide this and help with arrangements.

Under our Constitution it is a requirement that Accident forms should be completed in the event of any accident (whether serious or minor) or a 'near miss' i.e. no actual injury occurred, but due to good fortune was narrowly avoided. This information may then be something we can add to Health & Safety Risk Assessments for future prevention. The accident form is usually completed by the activity leader and sent to AIR General Secretary (Anne Mathews).

We are very pleased to confirm that a new AIR activity has recently commenced. This is known as Chi-Gong a form of martial art similar to Tai-Chi. Alan Horton has volunteered to lead the class and is an experienced teacher prior to retirement. This class happens on Fridays at 12:15pm and is already well subscribed.

A very successful 3 night dance break was organised in Lytham St. Annes for the sequence dance group during July (see separate report in Newsletter).

Thursday evening Kurling will recommence mid-September (to be confirmed).

Trustee, management committee, social committee and activity leadership roles still need additional members so if you feel that you can spend a little time supporting AIR then please contact myself, or any committee member.

We all look forward to your continued enjoyment of the many activities offered by AIR and welcome any comments and correspondence from AIR members (including reports and photographs of activities for the AIR Newsletter) and also your aspirations for the future.

Stay safe and look after yourselves

Paul Waugh – Chairman – August / September 2025

AIR SOCIAL EVENTS

AIR COFFEE MORNINGS

Come and join us at our next Coffee Morning on Saturday 2 August and meet up with friends old and new. There will be the usual book, jigsaw and bric-a-brac stalls with all donations going to the East Cheshire Hospice .

Future dates for our Coffee Mornings this year are listed below:

Saturday 4 October

Saturday 6 December.

All starting at 10am to 12 noon at the Community Centre.

Any queries to Anne Mathews on 07958800914 or email at e.annie01@hotmail.com.



AIR MEMBERSHIP

Annual Subscription Renewal

The annual membership subscription is £10; see the attached form for details of how to renew before the end of September please.

Subscription Day, when you can pay in person, will be Saturday 4 October, combined with a Coffee Morning at the MCC.

As membership cards will not now be renewed each year, you may wish to retain your current card for reference only (e.g. membership number). New members will receive a card with their unique membership number.

The Management Committee extends a warm welcome to the following new members:-

Patricia Bowyer	Pauline Fish	Julie McAllister	Patricia Rigby
Lorraine Burgess	Alan Horton	Jackie Morelli	Kath Senior
Barney Cake	Christine Hughes	Ruth Novelli	
Susan Dixon	Elwyn Jones	Diane Ogden	

Total membership is now 673

AIR IN ACTION

AIR TEN PIN BOWLING

Despite a shortage of numbers the group has managed to turn out most weeks. Now that the school holidays has started conditions at the SuperBowl can be chaotic, and getting a lane when you want it tricky. Accordingly, the group will take a Summer recess, and reconvene on Wednesday 10th September at 10 am. Looking forward to seeing both new and old members.

Please contact Brian Titford for further information on 01625429573 (brian.titford@yahoo.co.uk)

AIR IN ACTION

Sequence Dance Break at Lytham St. Annes – July 2025

A very successful dance break was recently organised by Paul & Sue Waugh, and held at The Bedford Hotel, Lytham St. Anne, Lancashire. The hotel is renowned for its large ballroom, good food and the family run atmosphere all contributing greatly to the success of the event.

Sixty-two people took part in 3 nights of sequence dancing with occasional line dances and novelty dances to raise a laugh during the intermission. The varied programme of dances and eclectic selection of music planned by Sue was based on our usual Tuesday afternoon dances resulted in a friendly and convivial atmosphere where smiling faces were evident and laughter abounded.

Each morning after a substantial breakfast, the guests had all day to visit the many places of interest along the Fylde Coast and even visit the Blackpool Tower and its iconic ballroom. Meeting up at Dinner time, each evening we all enjoyed an excellent three course meal followed by coffee in the lounge in preparation for dancing. One evening was formal dress to celebrate the birthday of AIR member Anne Woods, all enhanced by cake and bubbly.

Although the weather was not always kind, the comraderie of AIR members shone through. We look forward to repeating the dance break next year.

The photograph below shows the dancers during the final evening.



AIR IN ACTION

AIR RAMBLERS

The AIR Ramblers group is continuing to meet on Monday mornings for walks of around 5 miles, usually around the local area but occasionally further afield. Details of the walk are supplied to members a few days beforehand and we set off at 9.45am. We are a friendly group and are always happy to welcome new Ramblers.

Please contact Jane Kwiatkowski on 079234 37713 for further information.

AIR Ramblers Leaders Rota

04 Aug Pat Wroe (01260 603024)	01 Sep Mike Cliff (501534)	06 Oct Pat Wroe (01260 603024)
11 Aug Mike Mrozek (07972715487)	08 Sep Alan Chapman (422295)	13 Oct Mike Mrozek (07972715487)
18 Aug David Bowden (07767406480)	15 Sep Terry Heathcote (07421324599)	20 Oct David Bowden (07767406480)
25 Aug Doreen Dean (01260 227207)	22 Sep Chris Jones (07821587440)	27 Oct Doreen Dean (01260 227207)
	29 Sep Cath Day, Jeff Kirk and Chris Brocklehurst (01625 502344)	

For Hire

AIR now own approximately 150 glass champagne flutes and are offering these to members for hire. Should this be of interest and you wish to secure more details please contact Paul Waugh 07906 235913.

AIR Insurance Policy covers Public Liability and not individual members. Any member or guest participating in an AIR activity do so at their own risk. Guests must also sign the 'Disclaimer Acceptance' form indicating that this is understood.

SUBSCRIPTION RENEWAL 2025/26

Current AIR subscriptions expire on the last day of September of this year 2025. To retain membership of AIR you are invited to renew the subscription of £10 for a further year in one of the following ways:

1. **Bank Transfer.** Use the following details when making an on-line payment:

Payee: AIR Macclesfield
Account Number: 10058559
Sort Code: 16 24 32
Date of payment: 1st of September (or soon after)
Payee Reference: Membership number/s. Alternatively, use surname followed by initials and for a couple use surname and both initials.

2. **In Person at Macclesfield Community Centre**. Renew your subscription with cash or a cheque at the MCC, Duke Street, on Saturday 4th October when tea and coffee will be served between 10am and 12noon.

3. **By Post.** Please use the payment slip below (Please do not send cash payments by post).

Note: Membership ends if a renewal subscription has not been received by 31Oct25.

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SUBSCRIPTION RENEWAL BY POST

Complete this form and enclose it with your cheque payable to “*AIR MACCLESFIELD*”. As membership cards will not now be renewed each year, a stamped self-addressed envelope will not now be required as in previous years.

I enclose a cheque for £..... (£10 per member)

Name..... Member Number.....

Name..... Member Number.....

Please notify any changes in personal details (home address, telephone, email address):

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Send to:

AIR Membership Secretary, David Bowden, 307 Buxton Road, Macclesfield, SK11 7ES,
before the end of September please.

Cheque enclosed ☐ tick