OCT/NOV 2026 **ISSUE No: 82**

AIR NEWS

Activity In Retirement (AIR) founded in 1989, registered Charity No.1001228

An organisation established by retired people, for retired people and run by retired people

Website: airmacclesfield.com

Chairman	Paul Waugh, 45 Orme Crescent, MACCLESFIELD, SK10 2HU	Tel 424076
Vice Chairwoman	Liz Welton, 23 Hightree Drive, Henbury, MACCLESFIELD, SK11 9PD	Tel 428166
General Secretary	Anne Mathews, Hordern Farm Pottery, Buxton New Road, MACCLESFIELD, SK11 0AN	Tel 07958 800914
Treasurer	Judy Nicholson, 22 Vine Close, MACCLESFIELD, SK11 8PA	Tel 426796
Membership Sec	David Bowden, 307 Buxton Road, MACCLESFIELD, SK11 7ES	Tel 07767 406480
Newsletter Editor	Claire Jones, 11a Ashbrook Drive, Prestbury, SK10 4BY	Tel 07703 162823

*** Annual Subscriptions - to be renewed during September please ***

Chairman's Letter to AIR Members

Thursday evening Kurling has recommenced 17th September. We welcome back all those players who took part in outdoor bowls during the summer.

We have had a couple of minor accidents recently and it now seems timely to remind Leaders that Accident forms should be completed in the event of any accident (whether serious or minor) or a 'near miss' i.e. no actual injury occurred, but due to good fortune was narrowly avoided. This information may then be something we can consider adding to Health & Safety Risk Assessments for future prevention. After completion of the accident form it should be sent to AIR General Secretary (Anne Mathews).

During one incident the contact details for next of kin of a vulnerable adult had been made available and needed to be used. However, only the land line number was available, and this was not answered. If emergency contact numbers are deemed necessary, then it should be noted that mobile numbers should also be provided for contact in the event of an emergency. I would reiterate that all our activity leaders are volunteers and endeavour to resolve any issues, so more contact information could ease any situation.

Recent legislation has highlighted that all members of the management committee are also legally considered as Trustees and have now been registered with the Charities Commission.

Trustee, management committee, social committee and activity leadership roles still need additional members, or Deputies, so if you feel that you can spend a little time supporting AIR then please contact myself or any committee member.

We all look forward to your continued enjoyment of the many activities offered by AIR and welcome any comments and correspondence from AIR members (including reports and photographs of activities for the AIR Newsletter) and also your aspirations for the future.

Stay safe and look after yourselves.

Regards

Paul Waugh

Chairman

AIR COFFEE MORNING



Come and join us at the next Coffee Morning on Saturday 3rd October from 10am to noon at the MCC – members and friends welcome.

There will be the usual books and jigsaw stalls and an opportunity to renew your AIR membership in person.

These bi-monthly events are free, friendly and sociable, proving very popular and donations collected are given to East Cheshire Hospice.

The next and final Coffee Morning for this year will be on Saturday 5th December at the Community Centre.

Any queries to Anne Mathews on 07958800914 or email at e.annie01@hotmail.com.

AIR MEMBERSHIP

Annual Subscription Renewal. Please renew your annual membership subscription of £10 before the end of September or pay in person at the Coffee Morning at the MCC on Saturday 3rd October. Full details of how to renew were distributed with the last Newsletter or available from the Membership Secretary.

If you are in any doubt as to if and when you have paid, or if you require a replacement card at any time, then please contact the Membership Secretary, David Bowden on 07767 406480 or email bowdens@outlook.com.

The Management Committee extends a warm welcome to the following new members:

Pauline Barlow	Karen Hunter	Terence Palmer
Ann Bradley	Joan Irving	Julie Palmer
Kenneth Braithwaite	Anna Lam	Veronica Poulton
Sheila Braithwaite	Terence McKibben	Elizabeth Pownall
Maureen Brown	Ann McParland	Eunice Schofield
Simon Bushell	John Morrell	Gerald Scriven
Anne Doggart	Elizabeth Moss	Val Sharp
Barry Forrest	May Muir	Elizabeth Shufflebotham
Colin Grey	Barbara Newport	Patricia Sparkes
Susan Hulley	John Oldfield	

Total membership is now 714

AIR IN ACTION

AIR RAMBLERS

The AIR Ramblers group continues to meet on Monday mornings for walks of around 5 miles, usually around the local area but occasionally further afield. Details of the walk are supplied to members a few days beforehand and we set off at 9.45am. We are a friendly group and are always happy to welcome new Ramblers.

AIR Ramblers Leaders Rota:

October		November	
05 Oct	David Bowden (07767 406480)	02Nov	Mike Cliff (501534)
12 Oct	Chris Jones (07821 587440)	09Nov	Alan Chapman (422295)
19 Oct	Jane Kwiatkowski (07923 437713)	16Nov	Chris Jones (07821 587440)
26 Oct	David Bowden (07767 406480)	23Nov	Cath, Jeff & Chris (01625 502344)
		30Nov	David Bowden (07767 406480)

Please contact Jane Kwiatkowski on 079234 37713 for further information.



AIR Ramblers traversing the Millenium Walkway high above the River Goyt in New Mills.

Champagne Flutes For Hire: Qty 150 owned by AIR are available for hire - please contact Paul Waugh 07906 235913 for details.

AIR Insurance Policy covers Public Liability and not individual members, therefore, members or guests participating in an AIR activity do so at their own risk. Non-members & guests must sign the 'Disclaimer Acceptance' form indicating that this is understood.

THE AIR WEEK. The current schedule of AIR activities shown below is updated on a regular basis and available on the AIR website along with a list of contacts. Copies are also available on request from the Membership Secretary.

MON	Rambling	notified weekly by activity leader	9.30am	12.30pm
	Amblers	notified weekly by activity leader	9.45am	12.30pm
	Games (eg: card games, canasta, rummikub)	Macclesfield Community Centre	10am	12noon
	Painting	Macclesfield Community Centre	2pm	4pm
	Kurling	Macclesfield Community Centre	2pm	4pm
TUE	Table Tennis	Holy Trinity Church Hurdsfield	10am	12noon
	Boules (Summer)	Holy Trinity Church Hurdsfield	9.50am	12noon
	Bridge	Macclesfield Community Centre	9.45am	12.15pm
	Swimming	Macclesfield Leisure Centre	12noon	1pm
	Sequence Dancing	Macclesfield Community Centre	2pm	4pm
	Dominoes	Macclesfield Community Centre	2pm	4pm
	Craft (2nd & 4th Tuesday)	Macclesfield Community Centre	2pm	3.30pm
WED	Tai Chi	Macclesfield Community Centre	9.45am	11.30am
	Scrabble	Macclesfield Community Centre	10am	12noon
	Tennis	Macclesfield Tennis Club	10am	12noon
	Ten-pin Bowling	Superbowl, Lyme Green	10am	12noon
	Indoor Bowling (now all year)	All Saints Hall	10am	1pm
	Table Tennis	Henbury Church Hall	2pm	4pm
THU	Bridge	Macclesfield Community Centre	10am	12noon
	Crown Green Bowling (Summer only)	South Park	10am	12noon
	Walking	notified weekly by activity leader	1.30pm	3.45pm
	Whist	Macclesfield Community Centre	1.30pm	3.30pm
	Line Dancing	Macclesfield Community Centre	1.45pm	2.45pm
	Table Tennis	Henbury Church Hall	2pm	4pm
	Pilates (see notice board in MCC for details)	Macclesfield Community Centre	tba	tba
	Kurling	Macclesfield Community Centre	7pm	9pm
FRI	Table Tennis	Holy Trinity Church Hurdsfield	10am	12noon
	Mah Jong	Macclesfield Community Centre	10am	12noon
	Indoor Bowling (now all year)	All Saints Hall	10am	12noon
	Music & Movement (seated gentle exercise) (2nd & 4th Friday)	Macclesfield Community Centre	11am	12noon
	Chi-gong (gentle exercise)	Macclesfield Community Centre	12.15pm	1.45pm
	Scrabble	Macclesfield Community Centre	1pm	3pm
	Line Dancing (4th Friday of every month)	Macclesfield Community Centre	2pm	4pm
	Sequence Dancing (modern)(1st & 3rd Friday)	Macclesfield Community Centre	7.30pm	10pm
SAT				
SUN				